A GOOD SATURDAY

Posted on December 19, 2009 by Eddie

Category: Observations

This is the first weekend for ages that I've not been travelling or speaking somewhere, so I'm determined to enjoy my couple of days off. Today started inauspiciously when I woke up at five am and couldn't get back to sleep. The jet lag from Bangladesh is taking a long time to clear.

I eventually got up at about six and did nothing much for a few hours. We had been intending to go to ASDA to do our Christmas shopping first thing, but somehow that never happened. Around, nine thirty I donned lots of layers, my tracksuit bottoms, and two pairs of socks with my running shoes and headed out for a run with Bassam. It was absolutely magical. Cold on the toes, perhaps and I suffered from not running for a couple of weeks, but it was lovely. The photos should show you why.









I didn't feel up to my normal Saturday route, and cut things a bit short. Running in the snow was harder work than I expected and even the dog seemed keen to get home after a while. You can trace my route here if you are interested (though the version online was from a day when there was no snow and I wasn't stopping to take pictures).

This afternoon, I finally got round to making our Christmas cake. I know that it is far too late, but this is the first opportunity I've had to do it. I worked in the kitchen to the sound of a seventies rock playlist, which seemed to keep both Sue and the dog out of the room for some reason. With the cake in the oven, I made up a batch of hummus. I love the way that know matter how carefully I follow the recipe, hummus never turns out the same way twice. This one seems pretty good.

After a cup of tea and a finishing this blog post, I'll roast a couple of aubergines and make a bowl of baba ganouche. Later this evening, we'll sit down with some pitta bread and tuck into the dips while watching the final of Strictly Come Dancing. All in all, a good Saturday. Now, if only Sunderland can win!