SWINGS AND ROUNDABOUTS

Posted on January 23, 2007 by Eddie

Category: Observations

Two stories on the BBC website today leave me confused about the state of my health. Apparently, 'dog owners lead healthier lives than others' - so that's good news for me. However, cynicism is linked to heart disease. I'd like to deny being cynical, but despite my best efforts, I do have a slight (ok, big) cynical tendency.

So, I lead a healthier life but may be more prone to heart disease. I'm still struggling to work that one out.

At first glance, it seems that things are in a dynamic tension. Then again, there is a white spaniel asleep at my feet and when, I finish writing this post and go downstairs, she will leap up, wag her tail and follow me wherever I go. When I sit down to read a theology book (which is what I should be doing - not reading the BBC), she'll plonk herself beside my chair and start snoozing again. I'll get thoroughly cheered up at lunchtime watching her race around on the common and if I step out of the house for five minutes, I'll be greeted like a long lost relative. You know, I'd be a lot more cynical and morose if I didn't have a dog to help keep my feet rooted on the ground. I think I'm a winner in this equation.