SENEGALESE RICE

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One of our favourite foods when we lived in Ivory Coast was *tyep* or Senegalese rice. I was never sure if the Senegalese actually ate the stuff, or whether it was one of those things like *French toast* or *English muffins* which would never be recognised by the people who were supposed to have originated it. So it was a nice surprise to discover that not only do the Senegalese eat *tyep* but that we will be served it every lunch time. The rice is served on large plates placed on a stool and we all sit around and shovel it up with spoons. It saves washing up!