BEING BILINGUAL 'PROTECTS BRAIN'

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Category: Languages

This headline caught my eye and reassured me that there is hope for us linguists yet!

Apparently: "Being fluent in two languages may help to keep the brain sharper for longer, a study suggests." Read more here.

I'm off to Madagascar for a translation workshop next week, so when my brain is hurting from trying to understand English, French and Malagasy at the same time, I'll try and remember that it's good for me!